



## Baseline Tests 2021-22

As we approach the beginning of what we hope is a regular return to play season of hockey, it is time to have players complete Baseline Concussion testing for the 2021-22 season; these Baselines will be valid until the start of the 2023-24 season. There is no extra cost associated with these Baselines.

As was the case last season, Baselines can be completed at home, and individual codes will be sent out per player in the coming weeks. *Each test should take no longer than 30 minutes, and following the demographic questions, it resembles a video game of sorts.*

If your player fits any of the following criteria, you will receive an email from ImPACT Baseline tests as our 2021-22 season approaches:

- New to the U13 (Pee Wee) age level
- New to SMHA U13 (Pee Wee) and up
- Completed the Baseline test prior to the 2019 season (Baselines are valid for two years)

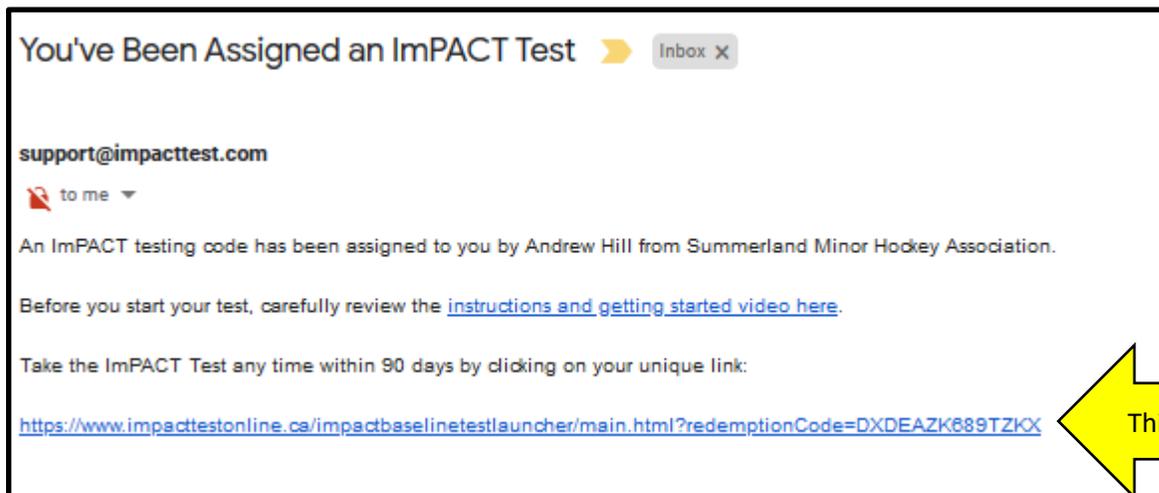
This email will contain a link to do the Baseline test at home and is unique to each player. **If you have multiple players per household**, you will get multiple links/emails – these links are not player specific, but the info you enter, i.e. player name, will differentiate each test.

- *This email might end up in your Junk Mail folder. Once the links have been mailed out, a reminder email will be sent from SMHA.*

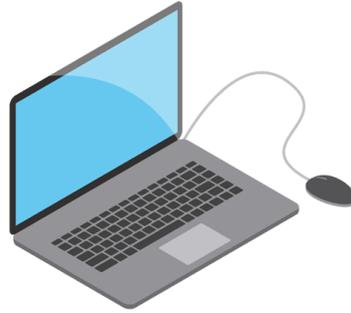
Once in your inbox/junk mail, this email will look like this (sender name is 'support'):



The actual email will include some links, the second link being for the test:



It is recommended that your player takes the baseline test on a desktop computer or a laptop with a mouse attached – do not do the test on a tablet or phone. It is also recommended that you use **Google Chrome** as your web browser, allowing for “pop-ups” to occur. **Following the demographic questions, your player is encouraged to complete the Baseline alone, to the best of their abilities.**



If you need assistance in this, please let Andrew Hill know ([hillaj17@gmail.com](mailto:hillaj17@gmail.com)) and arrangements possibly can be made.

For those new to this process, a “helper” email will be sent via email as well.

**Our goal is for the baselines to be taken at home, if this cannot be undertaken, case-by-case solutions will be found to assist the best we can. The tests need to be completed within 2 weeks of receiving your link.**

The SMHA webpage has links explaining the ImPACT baseline test, as well as documents to help with anyone new to this process. This can be found at <https://www.summerlandminorhockey.org/baseline-test-concussion-info/>.

Again, please pass on any questions or concerns to Andrew Hill.